

“DIY-PLUS” CAMINO PLANNING PROGRAM

*A complete do-it-yourself guide**

At last, a comprehensive getting-started program for pilgrims who recognize that planning and preparing is all part of the Camino experience.



**Start at the beginning, take every step,
don't leave out anything.**

*Plus some non-DIY assistance!

This is a "DIY-plus" getting started program.

With more than 50 audio sessions and written guides, 10+ videos, and a bunch of worksheets and other tools to take you from idea . . . to the trail.*

PLUS! mini-webinars / Q&A sessions to make this personal.

- Get to know the Camino Francés and what it means to start your pilgrimage in Saint Jean Pied de Port or wherever you choose to start
- Design the Camino experience that's right for you
- Navigate your way to your starting point like a seasoned, savvy traveler
- Find your Camino rhythm on the trail
- Make your way to Santiago de Compostela with confidence
- Plan without over-planning, prepare without over-preparing
- Give your family the peace of mind they crave
- **Answer the one question you may be afraid to ask out loud - CAN I REALLY DO THIS !?!?! - with a confident yes!**

**Check out the free sample modules, in bold on pages 5 & 6*

Get started on the Camino Francés in three months or less . . .
or take as long as you want to take to get ready

Access the program content on your smartphone or other device

Listen at your pace, at home and on the trail

From the host of the
"YOU on the Camino de Santiago" podcast,
guide and long-time pilgrim,
Nancy Reynolds of The Camino Experience



Why walk the Camino de Santiago?
What are you seeking?

A long walk with God? A grand adventure? The chance to discover or rediscover your deepest desires or long forgotten dreams?

Perhaps you long for the connection to the pilgrim community, to share stories and break bread with new friends

Are you feeling called to push yourself physically, to test your stamina and endurance?

Or do you simply need a break from the routines at home?

The Camino Francés is there for you, and I am here to get you started.

How it works . . .

Click or tap here to
DIY your Camino!

1. The DIY-plus online course

When you sign up for the “DIY-plus” Camino Planning Program, you will receive access to a comprehensive online course that guides you through the many steps of planning and preparing for your pilgrimage on the Camino Francés.

The online course is hosted on a platform called Thinkific, and you can access the content on your home computer, tablet, and smartphone. All you need is a device and WiFi or another data connection.

Ideally you would have access to a printer so you can print the worksheets, but if you don't have that, you can read the worksheets on your device and make notes in a notebook instead.

2. Mini-webinars / group coaching sessions

You will also get exclusive access to six scheduled group calls on Zoom. These sessions cover the most important topics and tasks of planning to walk the Camino Francés and give you a forum to ask questions about your Camino experience.



The DIY-plus Camino planning program is offered twice a year to no more than 10 people per program.

Continue reading to discover the specific content of the DIY-plus Camino Planning Program . . .

Love the details?

Here are the content topics covered in the DIY-plus Camino Planning Program:

Getting Started: How and where to begin your journey

- **An affectionate introduction to the Camino Francés - [FREE sample here!](#)**
- Your first steps
- Designing your Camino experience
- Sharing your Camino vision with family and friends
- Choosing your season and month to walk
- Selecting your boots
- Managing money and documents
- Packing for the Camino
- Making your Camino plan - or not (how long will it take)
- Sleeping on the Camino
- Eating on the Camino
- Selecting your backpack (or luggage)
- Using the luggage transport services
- An introduction to travel insurance
- Your Camino Budget

Getting Ready: All the planning tools you need and want

- Training for the Camino
- Big picture planning
- **Using guidebooks, websites, apps - [FREE sample here!](#)**
- How to get to your starting point and back home from Santiago
- Booking flights, trains, buses
- Planning your stages, rest days, and time in Santiago
- How to book beds and rooms, from home before you go or on the trail (if that's your plan)
- Highlights and trail information

Things to know before you go

- Highlights and critical trail information
- Health concerns: prevention and care
- Safety and Security on the Camino
- Laundry on the trail
- Pilgrim traditions and rituals
- Staying at the albergues
- Spanish language tips
- **Tips for the directionally challenged - [FREE sample here!](#)**

Departure

- Departure checklist
- Departure rituals and celebrations
- Dealing with jet lag

Arrival

- Getting from your arrival airport to your starting point, in detail
- Taking your first steps on the trail
- Arriving in Santiago de Compostela
- Getting your Compostela

Transition / Returning Home

- From Sarria to Santiago to home
- Giving back: volunteering, on and off the Camino
- Sharing: how to talk about your Camino

The Camino Francés Getting Started Audio Guide

- All modules of the Camino Francés Getting Started Audio Guide - all audio sessions, videos, worksheets, mini-ebooks, and resources - are included in the DIY-plus Camino Planning Program

And last but not least . . .



Mini-Webinars / Q & A Sessions on Zoom

You will be invited to attend six scheduled Zoom calls in which we in-depth and personalize the BIG topics in this program. The format is part mini-webinar and part Q & A session. We will break down the content into bite size pieces, and then you will have the chance to ask questions so you can apply the information to your specific situation.

Can't make a webinar? No problem. Email your questions on the topic in advance and then the recording will be available for you to watch at your convenience within three days of the webinar.

Ready to take the first steps on
your Camino journey?

Click or tap here to
DIY your Camino!

Fine print: This program is specifically designed for pilgrims walking the Camino Francés route and starting in Saint Jean Pied de Port. Much of the content can be applied to other starting points and other routes, but not all of it.